

# The Palmerton

320 W. Beaver Ave.

State College PA

*Background*

*Research*

*Green Roof*

*Mechanical*

*Conclusions*



**Construction Management**

**Kyle Macht**

## Overview

- Background: ***The Palmerton***
- Analysis 1: ***Sustainable Student Apartment Buildings***
  - *Research*
- Analysis 2: ***Green Roof***
  - *Structural Breadth*
- Analysis 3: ***Mechanical Redesign***
  - *Mechanical Breadth*
- Conclusions: ***Wrap Up***

# The Palmerton

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- **Project Overview**

- **Cost:** \$15,000,000
- **Size:** 133,000 SF
- **Floors** -2 through 0

1

2 through 7

Below grade parking garage

Commercial space on the north side and parking in the rear

Student Apartments

10 one bedroom apartments

55 two bedroom apartments



# The Palmerton

*Background*

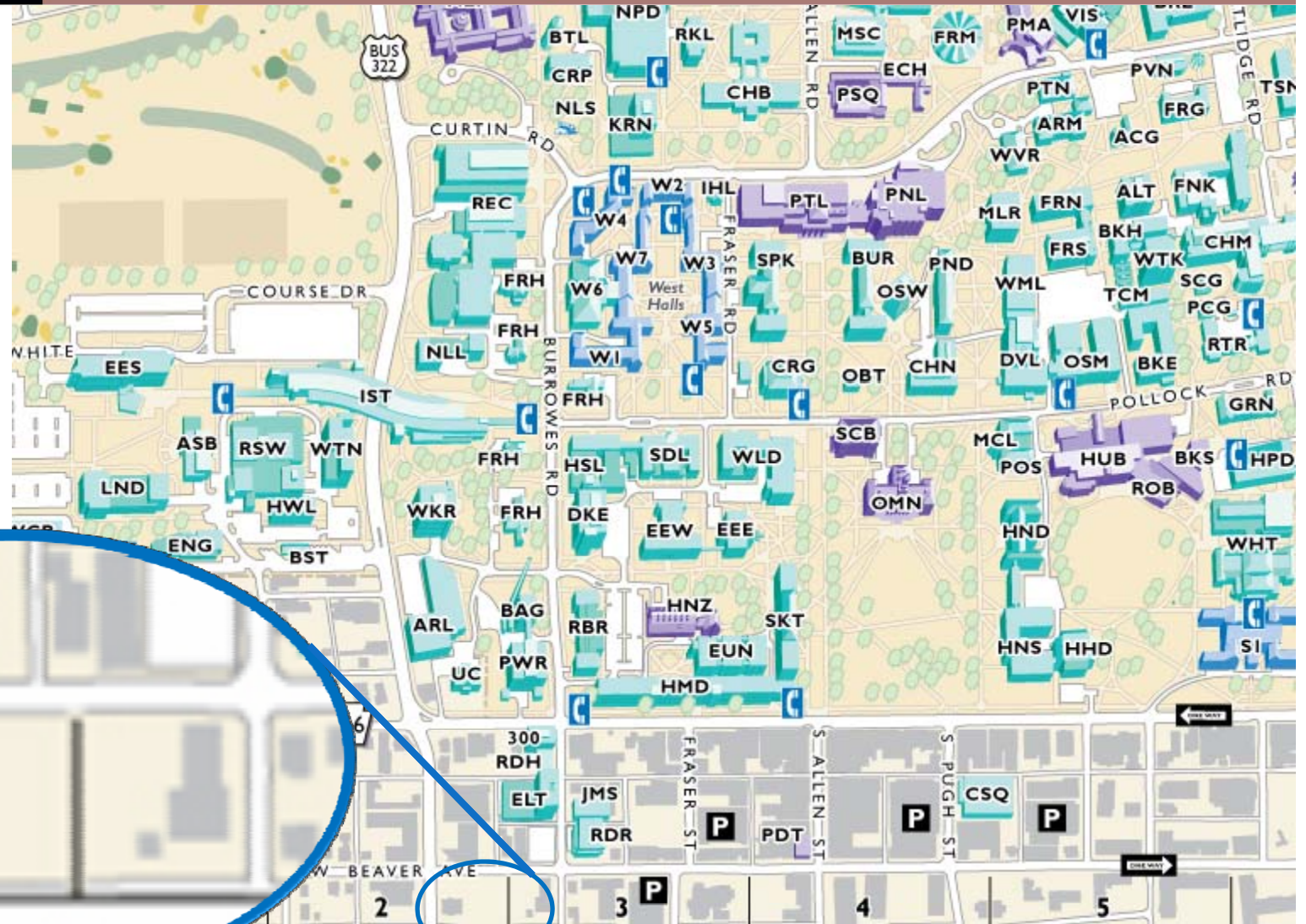
*Research*

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Downtown  
State  
College, Pa



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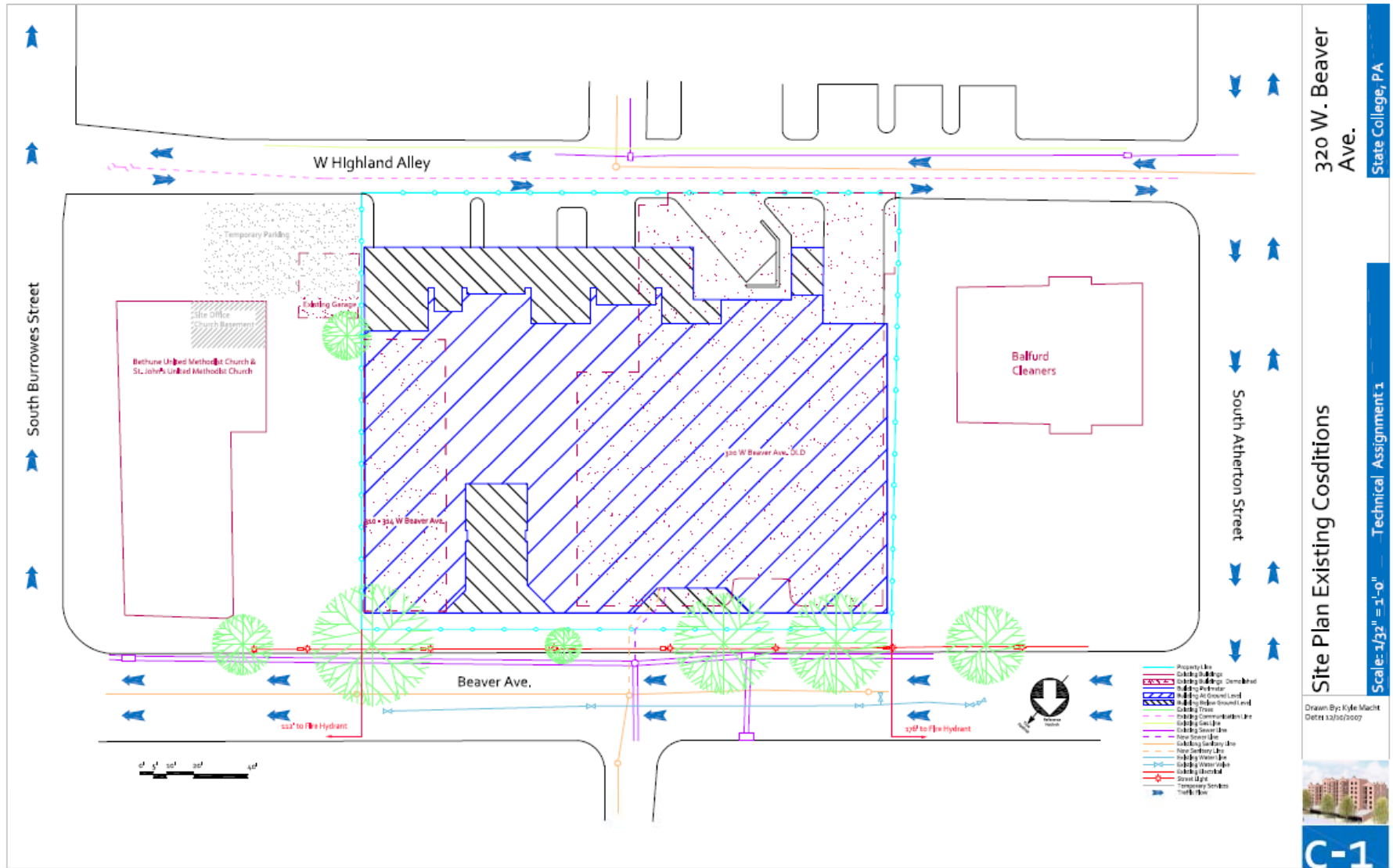
Background

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# The Palmerton

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Technical Report 2 | 320 W. Beaver Ave.



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Background

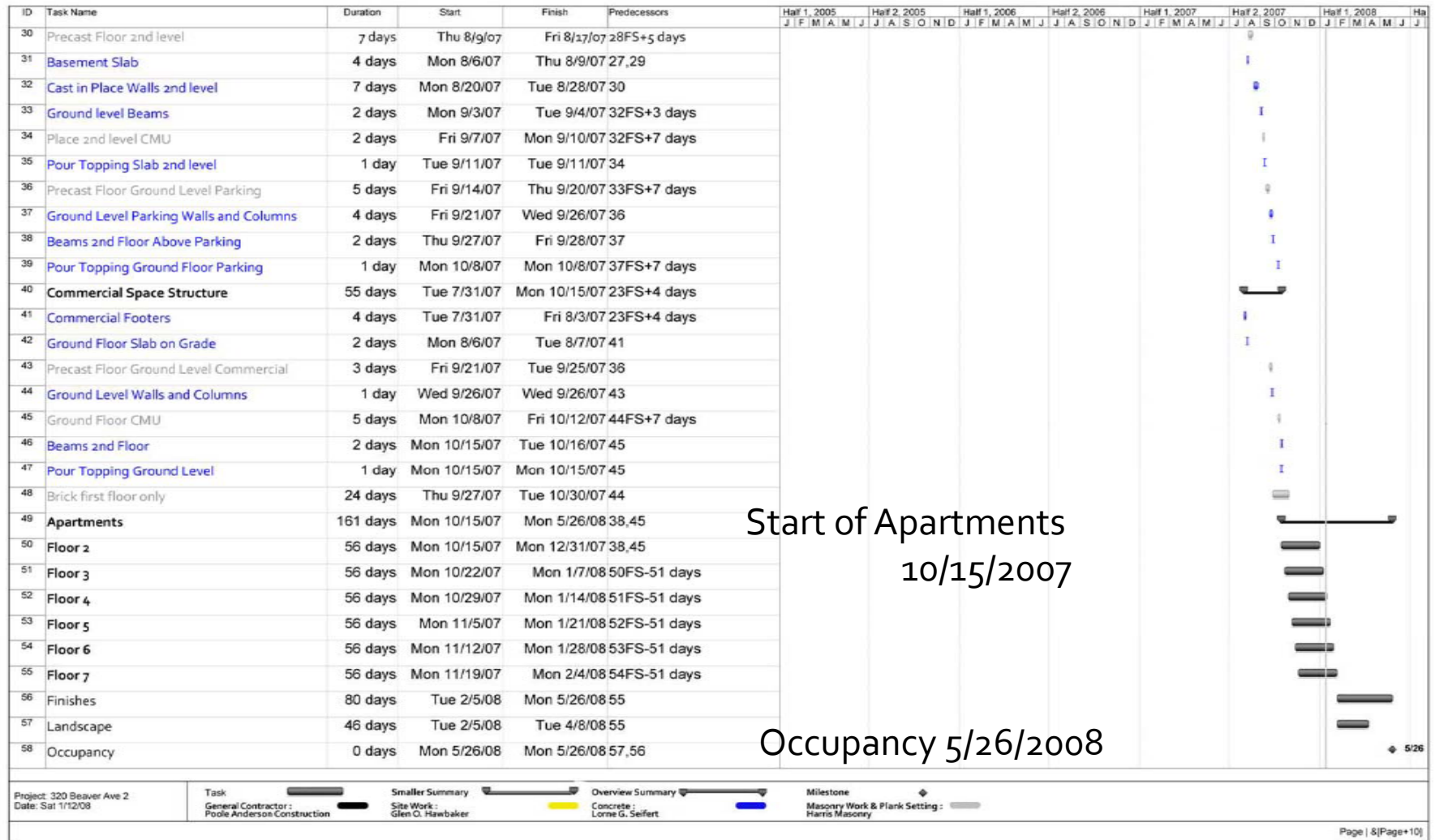
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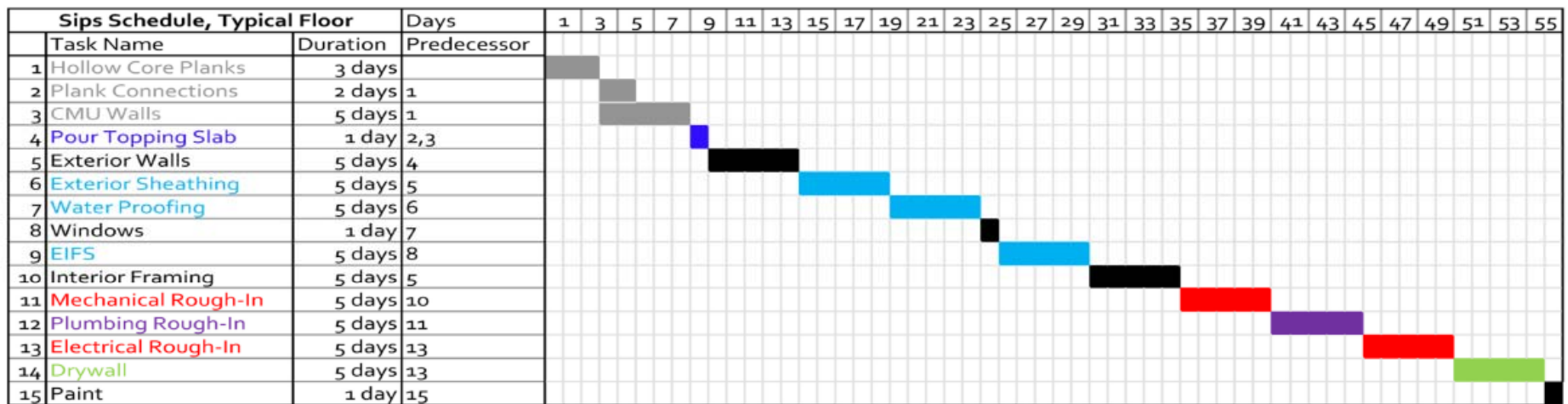
*Research*

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## Short Interval Production Schedule for a typical floor



Legend	
Harris Masonry	■
Lorne G. Seifert	■
Poole Anderson Construction	■
Macron Roofing	■
Allied Mechanical and Electrical	■
R&R Plaster	■



## Research: *Sustainable Student Apartment Buildings*

- **Goal**
  - Show that there is a demand for sustainable apartment buildings
- **Approach**
  - Create a survey
  - Test the survey
  - Implement the survey
  - Analyze the results

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## Survey

- Format the survey based on LEED principles
  - Site
  - Water
  - Energy and atmosphere
  - Materials & Resources
  - Energy & Atmosphere

Architectural Engineering - Senior Thesis Research Survey

Kyle Macht

Please either circle or fill in the blank, for your most correct answer.

Age: \_\_\_\_\_ Male or Female  
Major: \_\_\_\_\_

- Do you live in a student apartment building or a dorm? Y N
- Do you personally pay your own rent?  
If so, how much do you pay per month? \$ \_\_\_\_\_ Y N
- Do you pay your own electric and heating bill?  
If so, how much do you pay on average per month? \$ \_\_\_\_\_ Y N
- 1 Do you have a green outdoor space nearby your current apt. building? Y N  
2 How much would you be willing to pay a month to have a usable, exterior green space? \$ \_\_\_\_\_
- 1 Do you care where your energy is currently coming from? Y N  
2 How much would you be willing to pay a month to have environmentally friendly energy, such as solar and wind? \$ \_\_\_\_\_
- 1 Do you feel that you have enough daylight in your current apt. such that you don't need to turn on the lights during the day? Y N  
2 How much would you be willing to pay a month for sufficient daylight in your apartment such that you wouldn't need other lighting during the day? \$ \_\_\_\_\_
- 1 Do you care about the environmental impacts of the materials in your apt.? For instance, was the wood sustainably harvested or from an old growth forest. Were your materials made from recycled content. Y N  
2 How much would you pay to minimize the overall environmental impacts, with respect to materials? \$ \_\_\_\_\_
- 1 Are you concerned about the contents of the air you breath in your current apt.? For example, the air having high CO2 levels, mold, potential harmful chemicals that can get trapped in fabrics and carpet. Y N  
2 How much would you be willing to pay for cleaner air? \$ \_\_\_\_\_
- 1 Did you answer 4 out of the 5 questions labeled #2, with a number greater than 0? Y N  
a If no, would you want to live in a green building if it cost the same? Y N  
b If yes, you want to live in a green student apartment building! This type of building is healthier for you and the environment, and uses less energy than the typical building. You said that you would be willing to pay more for this building, however you do not have too! When designed correctly, green buildings can potentially cost less.

Thank You!

## Analysis

- 99 students took the survey
  - The sample was mostly taken from students in the HUB
  - The rest of the sample was taken in an Industrial Engineer's class
- The results were split into 3 areas
  - Students who pay their own rent, 48%
  - Students who do not pay their own rent, 42%
  - Students that had unreasonably high answers, 10%

## Results

- 99% of students would prefer to live in a green student apartment building
- 85% of students would pay a marginal amount more to live in a green student apartment building
- 41% of students would pay more in 4 or more different areas
- There were slight differences between those who pay rent and those who do not
  - Students who pay their own rent were willing to pay \$67.85 per month where students who do not pay their own rent would pay \$52.06
  - The main difference between the two, was paying for cleaner energy

# The Palmerton

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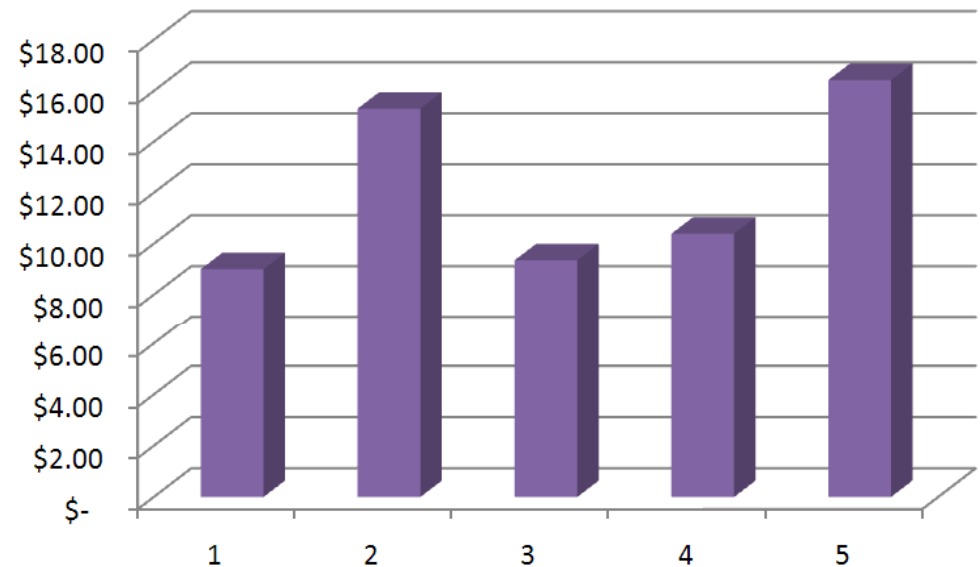
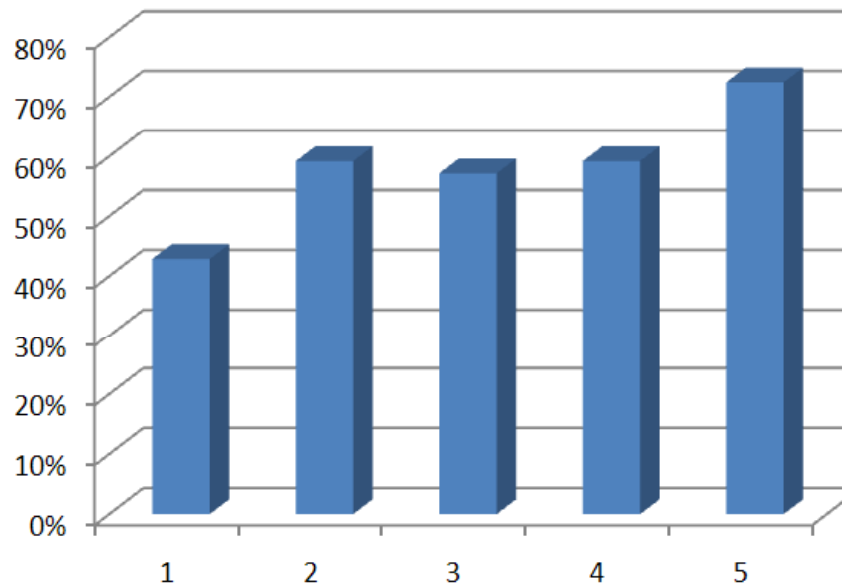
*Mechanical*

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## Survey

How many would pay more per scenario

On average how much students would pay extra for each scenario



## Analysis 2: Green Roof

- ***Problem Statement***
  - Above the commercial space in the Palmerton, is a large standard flat roof with three air handling units on it. This roof has a high amount of visibility. This roof has the potential to be something more. It could be one of the defining characteristic of the building.
- ***Goal***
  - Implement an intensive green roof .
- ***Approach***
  - First, add value to the building
  - Second, analyze the existing structure and redesign it when necessary, **Breadth 1**
  - Third, design the layout and the access to the roof

# The Palmerton

Background

Research

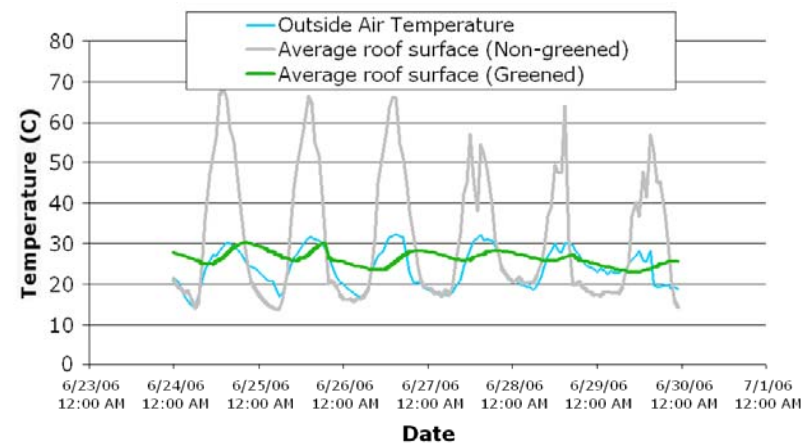
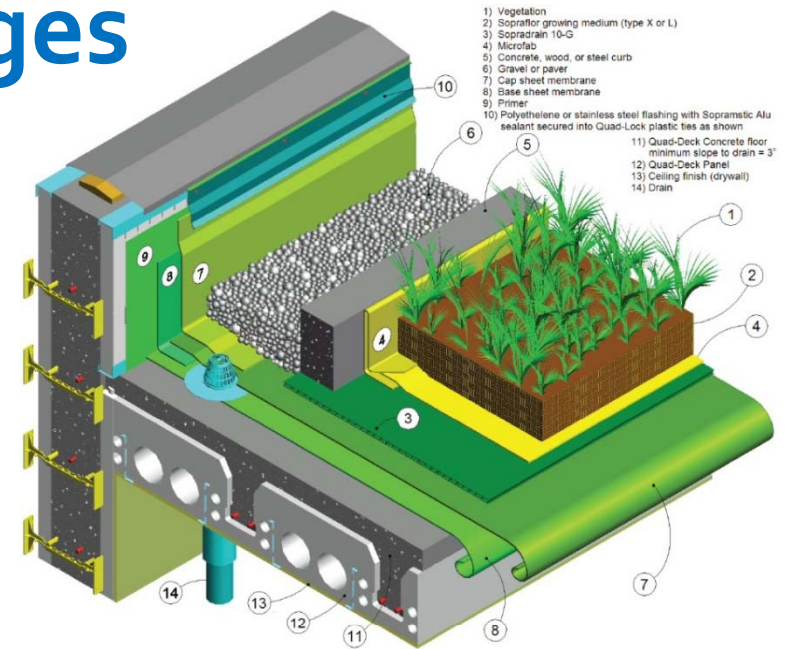
Green Roof

Mechanical

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## Green Roof Advantages

- Helps reduce the need for storm water management
  - Retains water, while filtering and cleaning it
- Green roofs can last 2 to 3 times as long as typical roofs
- Added insulation
  - Photosynthesis helps keep roof cool during the daytime
  - Helps reduce heat island effect



## Green Roof Design

- To achieve privacy with low weight, it made sense to have a 4" green roof with planter boxes directly above the beams below
- This allowed the weight to stay lower, letting the design keep hollow core planks
- Two stairwells were added
  - One for the residents
  - One for the commercial space
  - For simplicity these became outdoor stair wells





# The Palmerton

*Background*

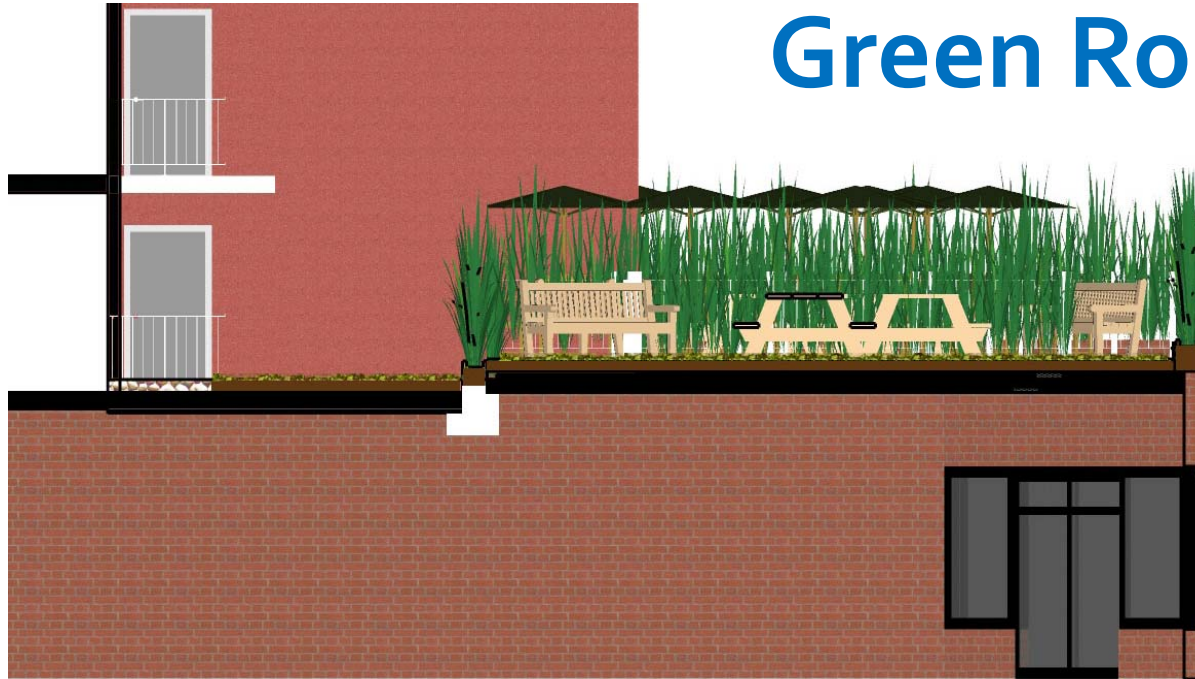
*Research*

*Green Roof*

*Mechanical*

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## Green Roof Design



- Big Bluestem
- Little Bluestem
- Ostrich Fern
- Coral Carpet



# The Palmerton

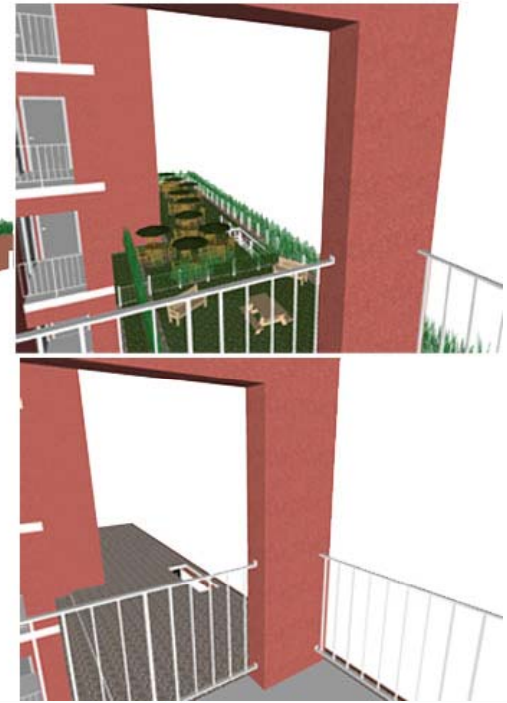
*Background*

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**Construction Management**

**Kyle Macht**

# The Palmerton

*Background*

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## Green Roof Survey

- How much more would you as a Penn State student be willing to pay to have this green roof implemented on your building
- The most common response was \$50 a month, with the lowest being \$0 a month and the highest at \$110 a month
- Assuming the owner charges \$40, this green roof will make \$9,600 a month, that's \$115,200 a year from the residents alone

	Rate Per Month
1	\$ 20.00
2	\$ 75.00
3	\$ -
4	\$ 15.00
5	\$ 50.00
6	\$ 50.00
7	\$ 25.00
8	\$ 50.00
9	\$ 50.00
10	\$ 50.00
11	\$ 20.00
12	\$ 20.00
13	\$ 20.00
14	\$ 100.00
15	\$ 110.00
16	\$ 25.00
17	\$ 50.00
18	\$ 100.00
19	\$ 75.00
20	\$ 100.00
21	\$ 50.00
22	\$ 50.00
23	\$ 10.00
24	\$ -
25	\$ 20.00
26	\$ 50.00
27	\$ 25.00
28	\$ 50.00
29	\$ 10.00
30	\$ 50.00
31	\$ 30.00
32	\$ 25.00
33	\$ 50.00
34	\$ 50.00
Avg.	\$ 43.38
Mean	\$ 50.00
Min	\$ -
Max	\$ 110.00

## Structural Redesign

- Typically designed to be an 8 story building
  - The additional weight of the non existent 8<sup>th</sup> story allowed the columns to remain unchanged
- An increase in Dead load to 35psf
  - From Tecta Green Roof
- An increase in Live load from 20psf to 100psf
- This resulted in an increase in plank depth from 8" to 10"
- The beams supporting the planks need to be increased
  - the beams on the building side need to be increased
- On the north side the beams and columns need to be sized larger to handle the additional weight
- The footers will also need to be increased on the north side

# The Palmerton

Background

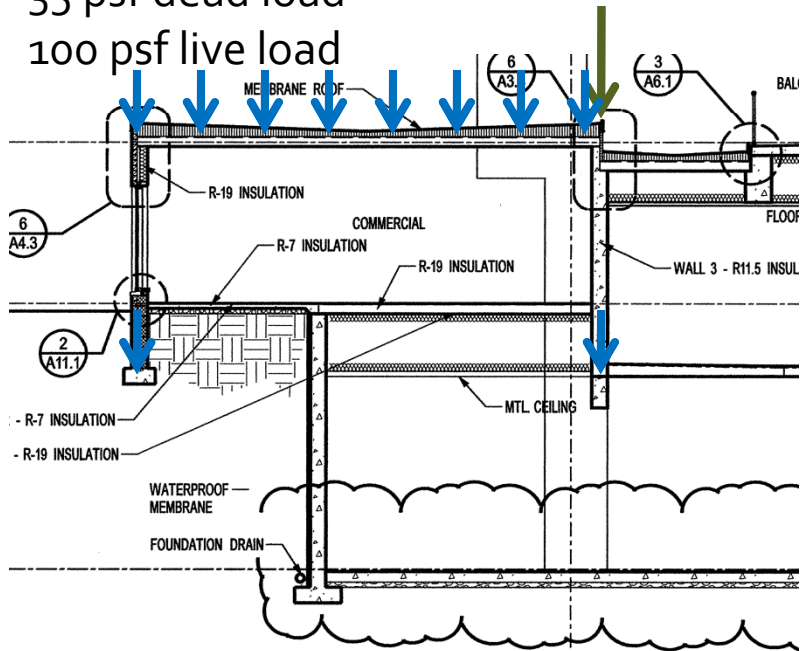
Research

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30 psf snow load  
35 psf dead load  
100 psf live load



- The north beams have to resist a moment of 338 kft, so an HSS 14x10x5/8 was chosen which can resist 414 kft
- The footers need to withstand 130k so a footer was designed to hold 150k

- Using Ws Long's numbers, the precast concrete manufacturer for the job, this will require a 10" hollow core plank being able to support 197 psf
- Using this the load on the south beams comes to 7.1 klf
  - From the PCI handbook a 32" deep inverted T beam can support this, which was the same depth as the existing cast in place beam
- Additional weight from the designed 8<sup>th</sup> floor, 47.67k, the proposed weight on the columns are 47.62k, therefore the columns can support the new green roof
- The columns on the north side also needed to be increased to hold 127 k, so a HSS 10x5x1/4 was chosen which can hold 157 k

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## Cost Analysis

- Commercial pays
  - \$5,000 to \$10,000 a month
- Residents pay
  - \$9,600 per month
- Equates to a 9 month payback
- With the lowest numbers
  - Commercial pays \$5,000 a month, residents pay nothing
  - Payback of 3 years

Item	Size	Type	Unit	Mat	Lab	total	#	Total
Table 5: Green Roof Comparison								
Existing								
Spread Footer	8"	3000 PSI	SF	\$ 241.00	\$ 297.00	\$ 538.00	8	\$ 4,304.00
Steel Column	8x8	HSS8x8	EA	\$ 555.00	\$ 43.50	\$ 598.50	8	\$ 4,788.00
Steel Beam	12x8	HSS12x8x5/8	LF	\$ 37.30	\$ 13.80	\$ 51.10	190	\$ 9,709.00
	12x35	W12x35	LF	\$ 36.39	\$ 2.66	\$ 39.05	24	\$ 937.20
Concrete Beam	32	Cast in Place	CY	\$ 298.00	\$ 385.00	\$ 683.00	27	\$ 18,441.00
Screens for AHU	60"	Ruskin Screen	LF	\$ 20.00	\$ 20.00	\$ 40.00	68	\$ 2,720.00
Hollow Core	8"	15 strand	SF	\$ 8.15	\$ 4.61	\$ 12.76	6487	\$ 82,774.12
Roof		4 plies & gravel	SF	\$ 1.49	\$ 1.62	\$ 3.11	6487	\$ 20,174.57
<b>Total</b>								<b>\$ 143,847.89</b>
Proposed With Green Roof								
Spread Footer	8"	3000 PSI	LF	\$ 460.00	\$ 500.00	\$ 960.00	8	\$ 7,680.00
Steel Column	10x5	HSS10x5x3/8	EA	\$ 555.00	\$ 43.50	\$ 598.50	8	\$ 4,788.00
Steel Beam	14x10	HSS14x10x5/8	LF	\$ 45.62	\$ 14.80	\$ 60.42	190	\$ 11,479.61
	12x72	W12x72	LF	\$ 75.00	\$ 3.40	\$ 78.40	24	\$ 1,881.60
Concrete Beam	24'	Precast T 12x32	EA	\$ 193.00	\$ 12.88	\$ 205.88	9	\$ 1,852.92
Planter Box	1'	Brick with 2x4	SF	\$ 6.65	\$ 12.65	\$ 19.30	840	\$ 16,212.00
		Soil and Plants		\$ 25.00	\$ 1.51	\$ 26.51	840	\$ 22,268.40
Railing	4'	Simple Metal	LF	\$ 11.30	\$ 6.10	\$ 17.40	280	\$ 4,872.00
Hollow Core	10"	15 strand	SF	\$ 8.80	\$ 4.28	\$ 13.08	6287	\$ 82,233.96
Stairs	10'	Metal 16 Risers	EA	\$ 7,775.00	\$ 1,825.00	\$ 9,600.00	2	\$ 19,200.00
Roof		4 plies	SF	\$ 1.02	\$ 1.70	\$ 2.72	6287	\$ 17,100.64
Green Roof	4"		SF	\$ 20.00	\$ 1.51	\$ 21.51	6287	\$ 135,233.37
<b>Total</b>								<b>\$ 324,802.50</b>

## Schedule

- The green roof will add about 4 weeks to the schedule that can be done while finishes are happening, therefore there is no interference in construction
- To get the materials to the roof, either the workers can carry items up the stairs or a telescoping fork lift can be used
- Due to the use of precast beams the time for structural construction drops from onsite work of 220hours to 18hours
  - This will help make up for any time lost due to the larger size of members

## Analysis 3: Mechanical Redesign

- ***Problem Statement***

- The present mechanical system is scattered throughout the building
- There is also no chance for energy recovery

- ***Goal***

- Run a water loop around the building for the heat pumps to exchange heat with
- Install an energy recovery ventilator in each apartment

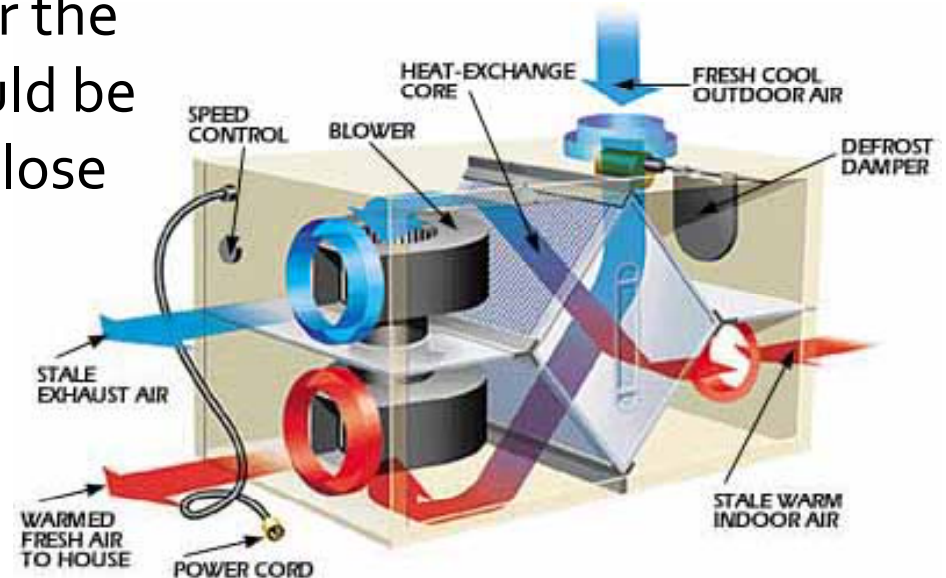
- ***Approach***

- First, analyze the existing system
- Second, design the new mechanical system, **Breadth 2**
- Third, perform a constructability review and cost analysis



## Energy Recovery Ventilator

- An energy recovery ventilator (ERV) allows up to 75% heat transfer between the outside fresh air and the stale indoor air
  - This allows for the larger heat pump for the 2 bedroom to be downsized from a 2.5 ton to a 2 ton heat pump
  - The smaller heat pump for the 1 bedroom apartment could be downsized, but it was to close to confidently downsize



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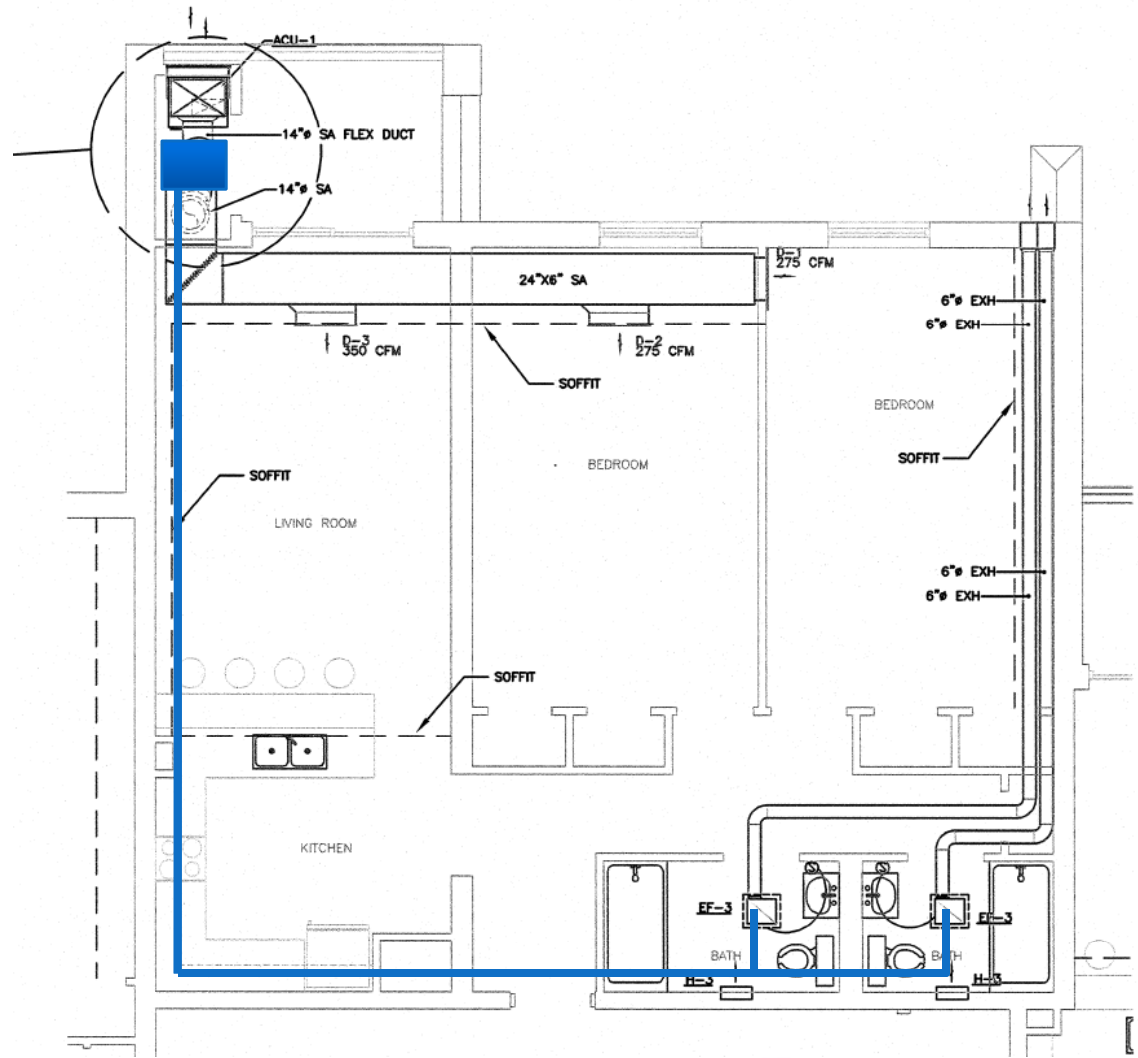
Green Roof

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## Energy Recovery Ventilator

- The ERV will be installed in the mechanical closet
- The ERV can eliminate the need for exhaust fans
- The ERV can condense the ductwork to one run



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**Table 8: Mechanical Redesign ERV Estimate**

Item	Size	Type	Unit	Labor Hours	Materials	Labor	Total	Tot. 2 BR	Total	Time	Tot. 1 BR	Total	Time
------	------	------	------	-------------	-----------	-------	-------	-----------	-------	------	-----------	-------	------

Existing													
Spiral	6"	straight	LF	0.057	\$ 1.76	\$ 2.17	\$ 3.93	72	\$ 280.00	4	30	\$ 117.90	1.71
Ductwork	6"	connector	Ea	0.182	\$ 2.60	\$ 6.90	\$ 9.50	4	\$ 38.00	1	2	\$ 19.00	0.36
	6"	elbow	Ea	0.364	\$ 5.75	\$ 13.80	\$ 19.55	4	\$ 78.20	1	2	\$ 39.10	0.73
Brick Vent	6"		Ea	0.333	\$ 25.00	\$ 14.05	\$ 39.05	2	\$ 78.10	1	1	\$ 39.05	0.33
Exhaust fan	130	Nutone QT140L	Ea	0.83	\$ 200.00	\$ 32.50	\$ 232.50	2	\$ 465.00	2	1	\$ 232.50	0.83
Heat Pump	2.5	Air Source	Ea	13.333	\$ 1,625.00	\$ 515.00	\$ 2,140.00	1	\$ 2,140.00	13	0	\$ -	0.00
Heat Pump	1.5	Air Source	Ea	13.115	\$ 1,575.00	\$ 510.00	\$ 2,085.00	0	\$ -	0	1	\$ 2,085.00	13.12
<b>Total</b>									<b>\$ 3,079.30</b>	<b>22</b>		<b>\$ 2,532.55</b>	<b>17.08</b>
<b>Total All Apts.</b>									<b>\$ 169,361.50</b>	<b>1207</b>		<b>\$ 25,325.50</b>	<b>171</b>

Proposed With ERV													
Spiral	6"	straight	LF	0.057	\$ 1.76	\$ 2.17	\$ 3.93	66	\$ 260.00	4	42	\$ 165.06	2.39
Ductwork	6"	connector	Ea	0.182	\$ 2.60	\$ 6.90	\$ 9.50	5	\$ 47.50	1	4	\$ 38.00	0.73
	6"	elbow	Ea	0.364	\$ 5.75	\$ 13.80	\$ 19.55	2	\$ 39.10	1	3	\$ 58.65	1.09
	6"	tee	Ea	0.533	\$ 8.20	\$ 20.00	\$ 28.20	1	\$ 28.20	1	0	\$ -	0.00
Flex Ductwork	8"	non-insulated	LF	0.08	\$ 2.20	\$ 3.03	\$ 5.23	24	\$ 125.52	2	8	\$ 41.84	0.64
Can Light		recessed	Ea	0.4	\$ 77.50	\$ 16.80	\$ 94.30	2	\$ 188.60	1	1	\$ 94.30	0.40
Heat Pump	2	Water Source	Ea	9.412	\$ 1,300.00	\$ 365.00	\$ 1,665.00	1	\$ 1,665.00	9	0	\$ -	0.00
Heat Pump	1.5	Water Source	Ea	10	\$ 1,375.00	\$ 390.00	\$ 1,765.00	0	\$ -	0	1	\$ 1,765.00	10.00
ERV		Renewair 70	Ea	5	\$ 675.40	\$ 500.00	\$ 1,175.40	1	\$ 1,175.40	5	1	\$ 1,175.40	5.00
<b>Total</b>									<b>\$ 3,529.32</b>	<b>23</b>		<b>\$ 3,338.25</b>	<b>20.25</b>
<b>Total All Apts.</b>									<b>\$ 194,112.60</b>	<b>1269</b>		<b>\$ 33,382.50</b>	<b>203</b>

## ERV Payback

Totals:	Existing	Proposed
	\$194,700	\$227,500

The energy recovery ventilator will save approximately \$200 a year per apartment.

*(Sound Geothermal Inc.)*

This equates to a 2.4 year payback period and will continue to save \$13,000 a year

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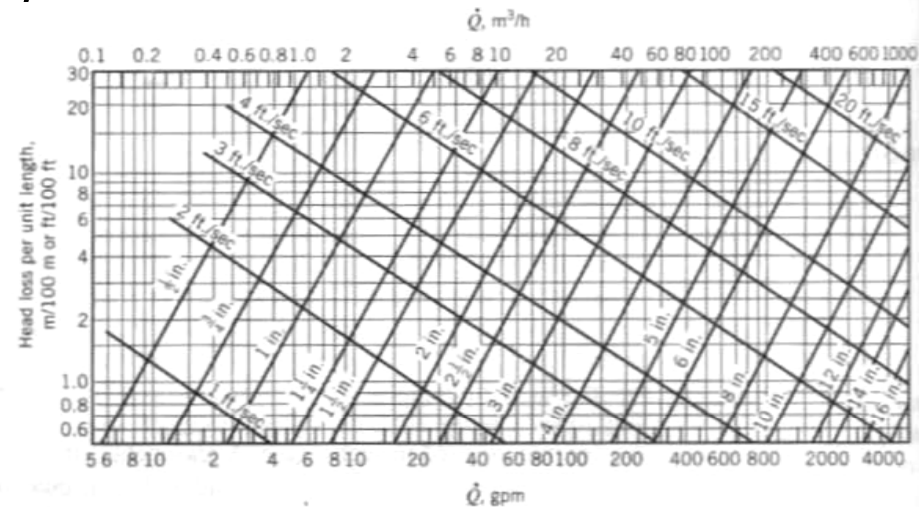
Mechanical

Conclusions

## Water Loop

- Running 60 degree F to 90 degree F water throughout the building and maintaining the temperature with a condenser and a boiler, allows the smaller heat pumps to exchange heat with them and will eliminate peak loads
- This will also allow the heat pumps to exchange with water instead of air on the one side, which is much more efficient

1 BR Shaft			2 Bedroom Shaft		
Story	Flow Rate	Size	Story	Flow Rate	Size
			7	38.5	1.5
6	25.2	1.5	6	33	1.5
5	21	1.25	5	27.5	1.5
4	16.8	1.25	4	22	1.25
3	12.6	1	3	16.5	1.25
2	8.4	1	2	11	1
1	4.2	0.75	1	5.5	0.75



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## Water Loop

Implementing the water loop will increase the efficiency of the system about 8% - 12%

Table 9: Mechanical Redesign Water Loop Estimate

Proposed Water Loop											
Piping	0.75 Schedule 40	LF	0.131	\$ 2.40	\$ 5.60	\$ 8.00	212	\$ 260.00	28		
	1 Schedule 40	LF	0.151	\$ 3.47	\$ 6.45	\$ 9.92	288	\$ 2,856.96	43		
	1.25 Schedule 40	LF	0.18	\$ 4.56	\$ 6.90	\$ 11.46	288	\$ 3,300.48	52		
	1.5 Schedule 40	LF	0.2	\$ 5.35	\$ 7.70	\$ 13.05	1254	\$ 16,364.70	251		
	2 Schedule 40	LF	0.25	\$ 7.10	\$ 9.60	\$ 16.70	248	\$ 4,141.60	62		
	2.5 Schedule 40	LF	0.32	\$ 11.00	\$ 12.30	\$ 23.30	100	\$ 2,330.00	32		
	4 Water Source	LF	0.444	\$ 21.00	\$ 17.10	\$ 38.10	80	\$ 3,048.00	36		
Pump	600	Ea	14.118	\$ 3,150.00	\$ 340.00	\$ 3,490.00	1	\$ 3,490.00	14		
Boiler	1275 MBH	Ea	80	\$ 10,300.00	\$ 3,275.00	\$ 13,575.00	1	\$ 13,575.00	80		
Cooling Tower	167 Tons	Ea	32	\$ 25,900.00	\$ 1,275.00	\$ 27,175.00	1	\$ 27,175.00	32		
<b>Total</b>								<b>\$ 76,541.74</b>	<b>630</b>		

- Considering the additional cost of \$76,600, this system will take 12.3 to 18.5 years to pay back
- If some downsizing of the small heat pump this could reduce these numbers slightly
- An energy model and analysis would have to be performed

# The Palmerton

Background

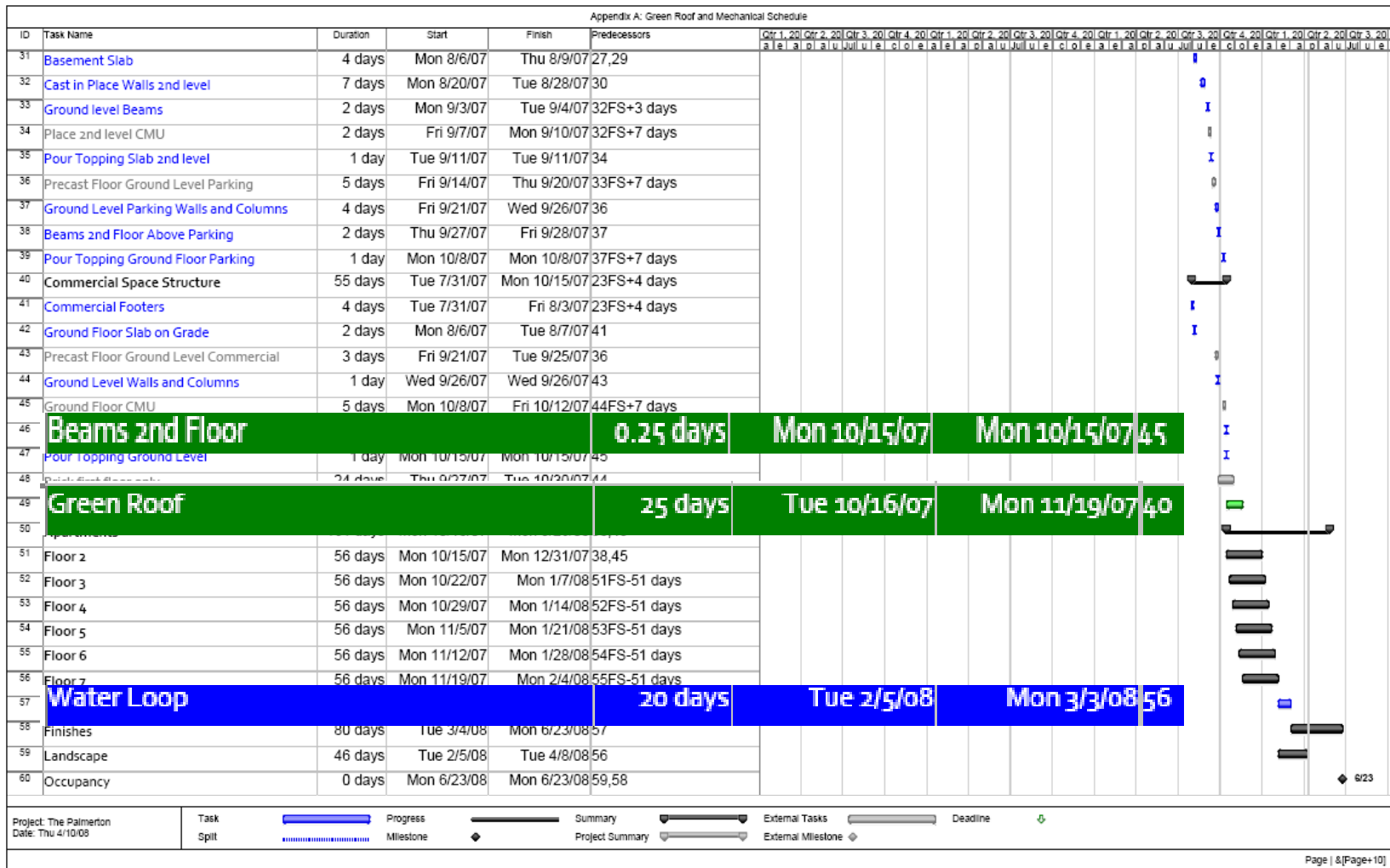
Research

Green Roof

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## Proposed Schedule



## Conclusions

- In analysis 1, the survey clearly shows that there is a demand for sustainable student apartments
- The green roof will cost about \$180,000.
  - Renting this space to a café or a restaurant would bring in \$5,000 - \$10,000 a month.
    - This alone makes the payback period 1.5 to 3.0 years.
  - Including the residents, it can cut the pay back time practically in half. Assuming residents will pay as much as they said they would the payback is in 9 months.
- An Energy Recovery Unit (ERV) will cost approximately \$33,000 more per apartment, but will save about \$200 a year per apartment. About \$13,000 all together per year.
  - This will amount to a payback in 2.4 years.
- A water loop that runs throughout the building supplying 60°F to 90°F water to the heat pumps will cost an additional \$76,500
  - This will pay back between 12.3 years to 18.5 years



# Acknowledgements

Paul Macht  
Linda Macht  
Alexander Macht

Gretchen Miller

Dan Reynolds  
Brian Ault  
Jim Gawthrop  
Mike Weigmann  
Meral Kanik  
Tom Yost  
Dave Hull

Dr. Messner  
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Dr. Bahnfleth  
Seth Wilberding  
*Breadth Advisors*

Tom Brasher  
*Poole Anderson*

Michael Norris  
*Michael L. Norris &  
Associates, Inc.*

Nic Jones  
*Sound Geothermal  
Inc.*