KAISER PERMANENTE MEDICAL OFFICE BUILDING at Tysons Corner

McLean, Virginia



Brooke Helgesen Advisor: Dr. Chimay Anumba Construction Management



PRESENTATION OUTLINE

- Project Background
- Analysis I-IPD
 - Coffer Design Overview
 - IPD Case Study
 - Cost/ Schedule Impact
- Analysis 2- Curtain Wall System
 - System Design
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 - Benefit Analysis
- Analysis 3- LED Temp. Lighting
 - FLEX SLS System
 - Lighting/ Electrical Breadth
 - Feasibility Analysis
- Analysis 4- Green Roof Terraces
 - Health Benefit Research
 - Design Layout
- Final Conclusions
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SCOPE OF WORK: Renovation & Construction of Mechanical Tower Addition

Project Background

LOCATION: 8008 West Park Drive McLean , VA

> COST: \$44,078,649

CONSTRUCTION DATES: March 16, 2011- May 8, 2012

> SIZE: 241,175 SF

FUNCTION: Short term care Medical Office Building: KAISER PERMANENTE MOB at TYSONS CORNER McLean, VA



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GOAL: To research and compare the costs and risks of IPD versus Design Bid Build specifically for the coffer design issue on the Kaiser Permanente Project.

Integrated Project Delivery

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Design Bid Build

Delegated risk

Uncertainties not foreseeable

Hidden costs: increased claims/ disputes, change orders, reputation, etc.

Limits cooperation, coordination, innovation Promotes teamwork and more ideas

Contract documents are known from the beginning although not always accurate.

Everyone has their own risk/ goals.

IPD vs. DESIGN-BID-BUILD

IPD

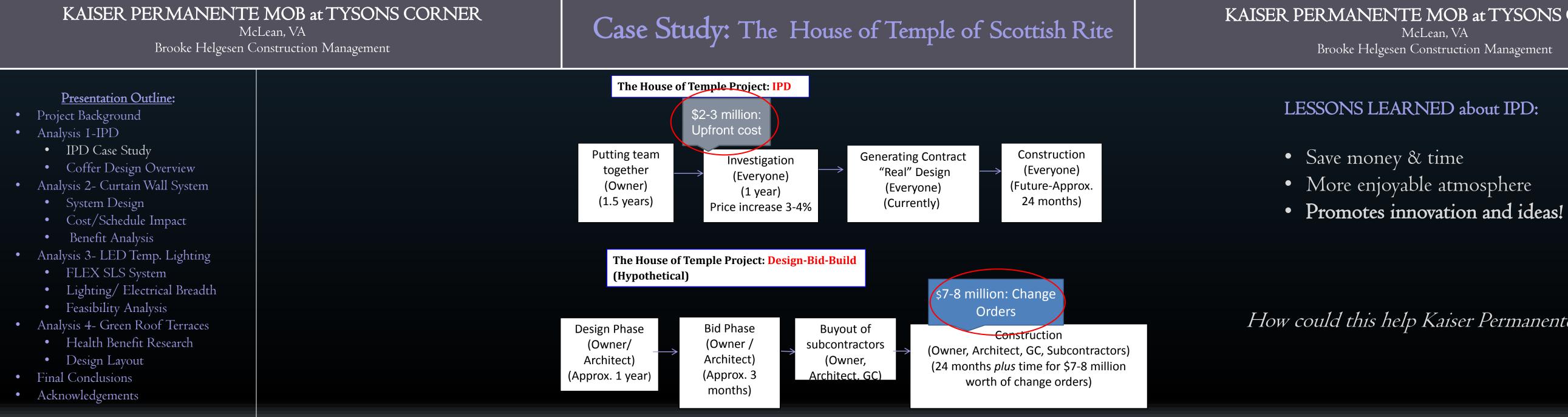
Shared risk

Uncertainties more predictable

Upfront Cost: Adequate planning minimizes change orders, disputes, etc.

Lack of contract documents that spell out in detail what happens in failed events

Built on trust/ must have good team



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How could this help Kaiser Permanente Project?...

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ISSUE: Fire Rating the Waffle Slab Coffers Presentation Outline: Project Background COST IMPACT: • Analysis I-IPD • Lost labor hours • IPD Case Study • Extra materials Coffer Design Overview Analysis 2- Curtain Wall System • Removal/ re-installation System Design • Repeat inspections Cost/Schedule Impact Total: \$250,000 Benefit Analysis • Analysis 3- LED Temp. Lighting SCHEDULE IMPACT: FLEX SLS System • Delayed: track installation, MEP overhead, interior wall framing Lighting/ Electrical Breadth • Coffer production dropped: • Feasibility Analysis • Analysis 4- Green Roof Terraces 25 coffers per day per man to • Health Benefit Research I6 /day/ man Design Layout Total: 5 Month Process Final Conclusions Acknowledgements

Coffer Design Overview

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Conclusions

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- IPD could have helped to:
 - Better understand severity of coffer design issue
 - Integrate project team early on to
 - increase communication
 - Allocate accurate amount of money for coffer activity

• Early detection of coffer design issue using IPD could have saved a: 5 month & \$250,000 process

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Curtain Wall Façade Re-design

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PROBLEM IDENTIFICATION

• Unforeseen water infiltration from cracks in existing 1980's precast panels & leaks in existing glazing.



SOLUTION

- Removal of existing precast panels and glazing
- Installation of Curtain Wall System for:
 - Improved water protection
 - Increased day-lighting
 - Updated aesthetic appeal

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INSTALLATION

- Crane & swing stage at every floor
- Anchor to concrete slab at each level

Curtain Wall Façade Re-design

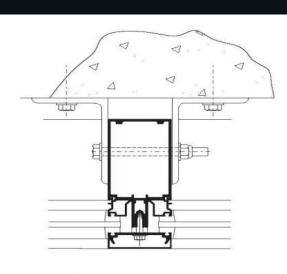
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• Kawneer I600 System I Curtain Wall

CURTAIN WALL COVERAGE:

West & East Facades: 11,584 SF About 27% of Building Surface Area

Total: 34,292 SF About 81.3% Building Surface Area



CHORING TO FLOOR SLAB

North & South Facades: 22,708 SF About 53% of Building Surface Area

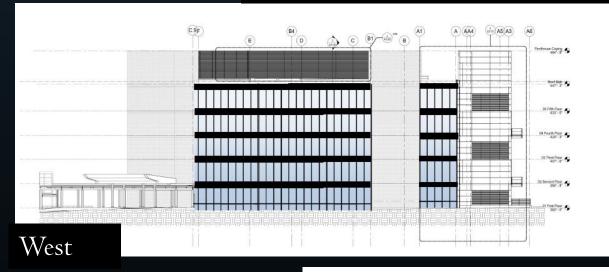
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PREVIOUS WESTERN FACADE



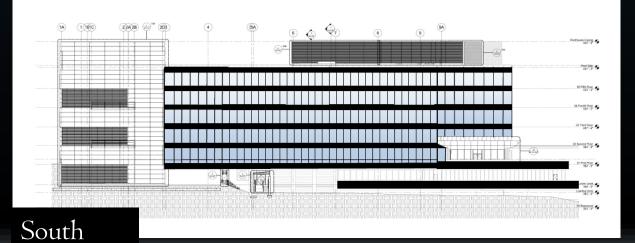
Architectural Elevations

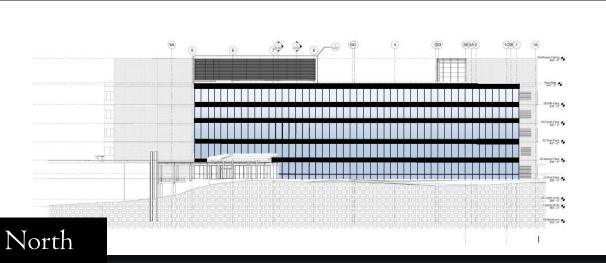
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PROPOSED CURTAIN WALL ELEV.ATIONS

30% Increase of Exterior Glass







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COST IMPACT



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Curtain Wall Façade Re-design

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SCHEDULE IMPACT

Shop drawings: 8 weeks Fabrication: 8-10 weeks Removal: I20 days Replacement/Installation: I40 days

September 6, 2010- April 4 2011

7 Month duration before project construction begins

Curtain Wall 1600 System Total=\$2,440,980

<u>Comparison to Precast Injections/Glazing Replacement:</u> Total=\$2,038,860



7 Month Duration. No Significant Impact

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Conclusions

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USIONS FOUND FOR CURTAIN WALL

- 30% Increase of glass & day-lighting
- \$402,120 cost increase
- No schedule impact
- Updated & improved aesthetic appeal Increased water infiltration protection





LED Temporary Lighting

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PROBLEM IDENTIFICATION

- Lack of sustainable features
- High energy demand of the building systems
 - Increased cost associated with maintenance of temporary lighting during construction

SOLUTION

- Analyze power consumption, cost

Switch all temporary lighting from Fluorescent to energy saving LED's

savings, and feasibility of this change

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POWER SUPPLY

- 450W transformer.
- IIO-265VAC input
- Outputs 24VDC

LED MODULE

- •2000 "focused" lumens
- height.

- •Easy and quick-to-install T-Splice
- •I25' length I2 gauge wire standard

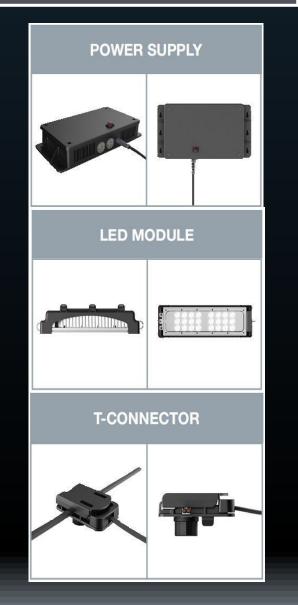
LED FLEX SLS Components

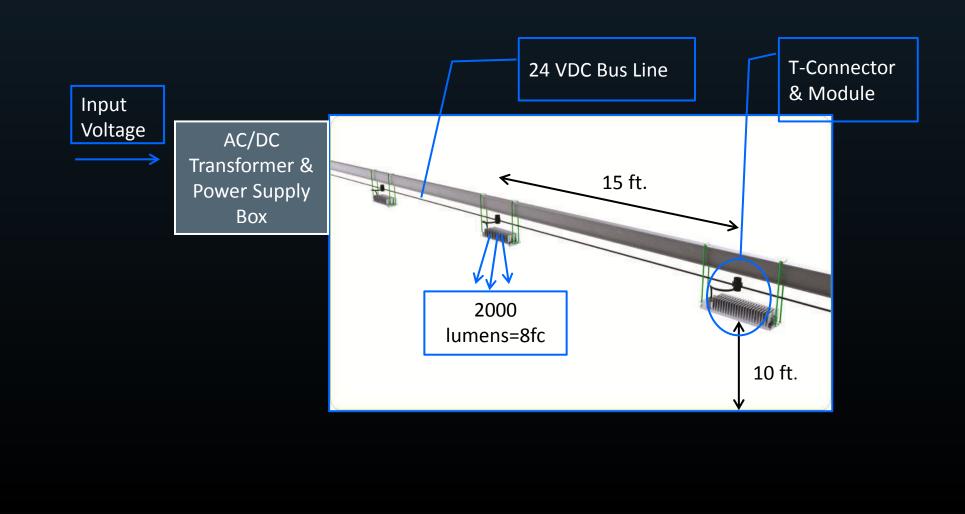
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• Can utilize 2 simultaneous bus lines

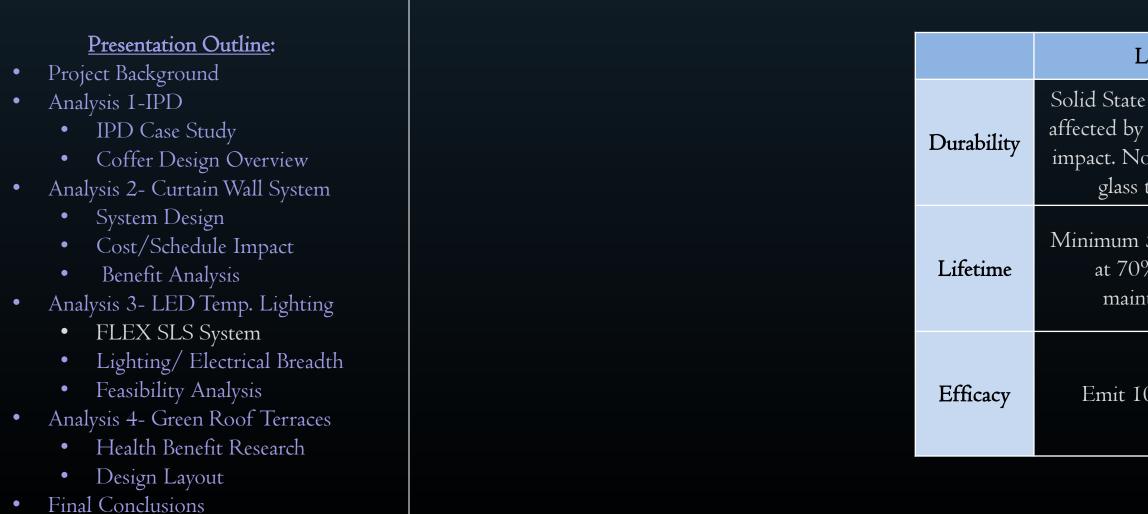
• 8 fc @ 15 ft. spacing on center. 10 ft. mounting

•Lumen Maintenance: 70% at 50,000 hours T-CONNECTOR & 24VDC BUS LINE





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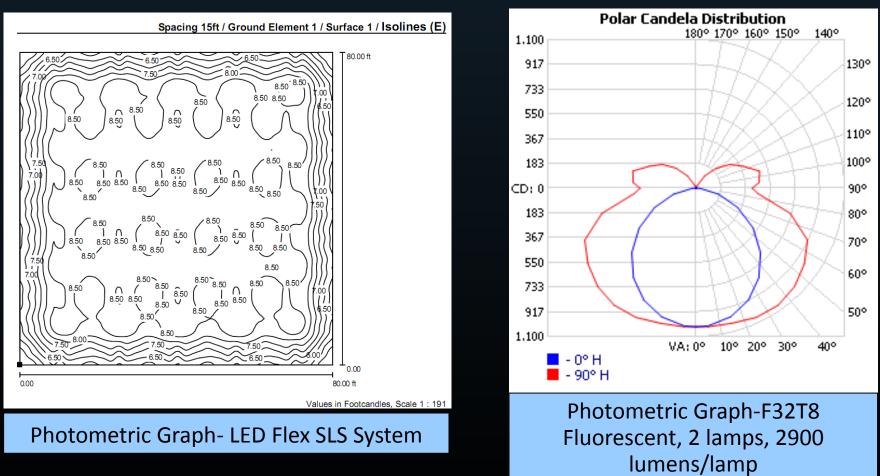


Acknowledgements

LED Temporary Lighting

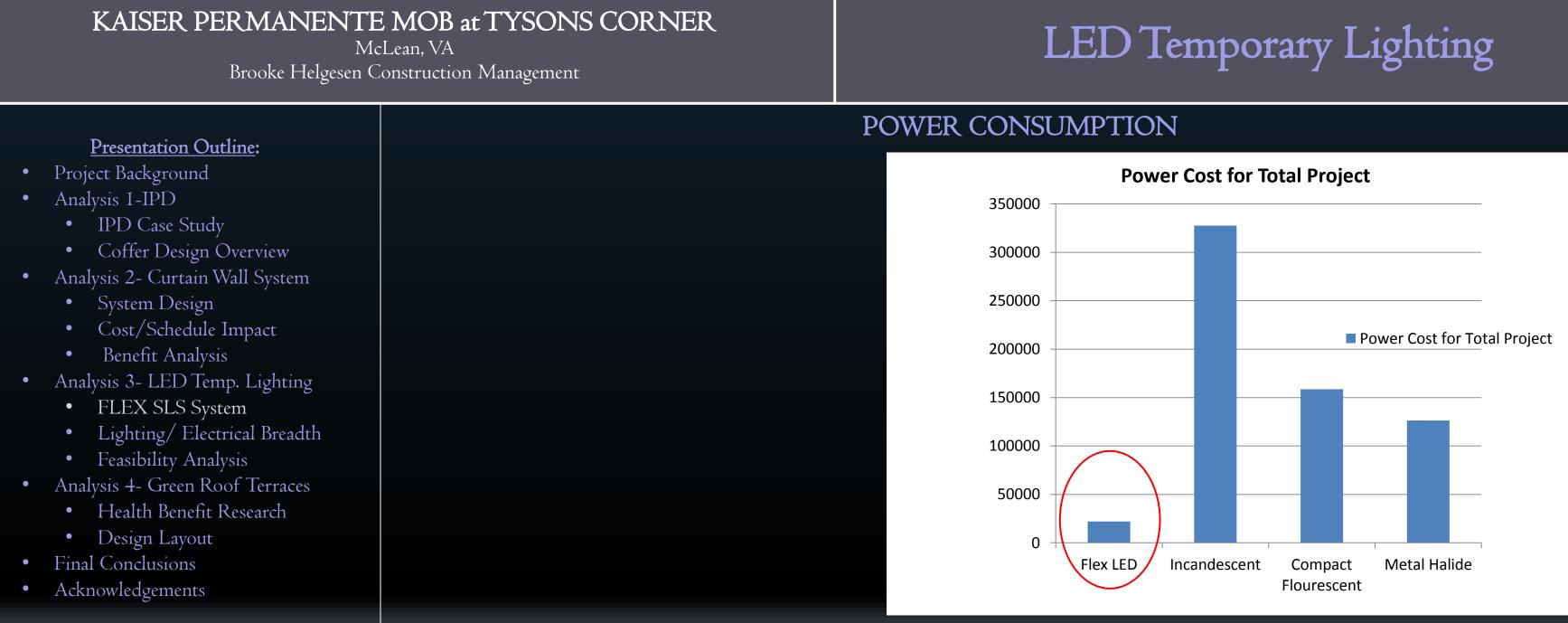
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LED	Incandescent	Metal Halide	Fluorescent
e circuitry, not vibration and o filament, no to break	Easily damaged by vibration or impact causing failure	Easily damaged by vibration or impact causing failure	Easily damaged by vibration or impact causing failure
50,000 hours % lumen htenance	50% failure rate at 2,000 hours for typical 75 Watt bulb	10,000-15,000 hours is common	Typically 24,000 hours
00 lm/W	Emit 15 lm/W.	Emit 65+ lm/W range.	Emit 48+ lm/W range.



100 Degree Spread

360 Degree Spread

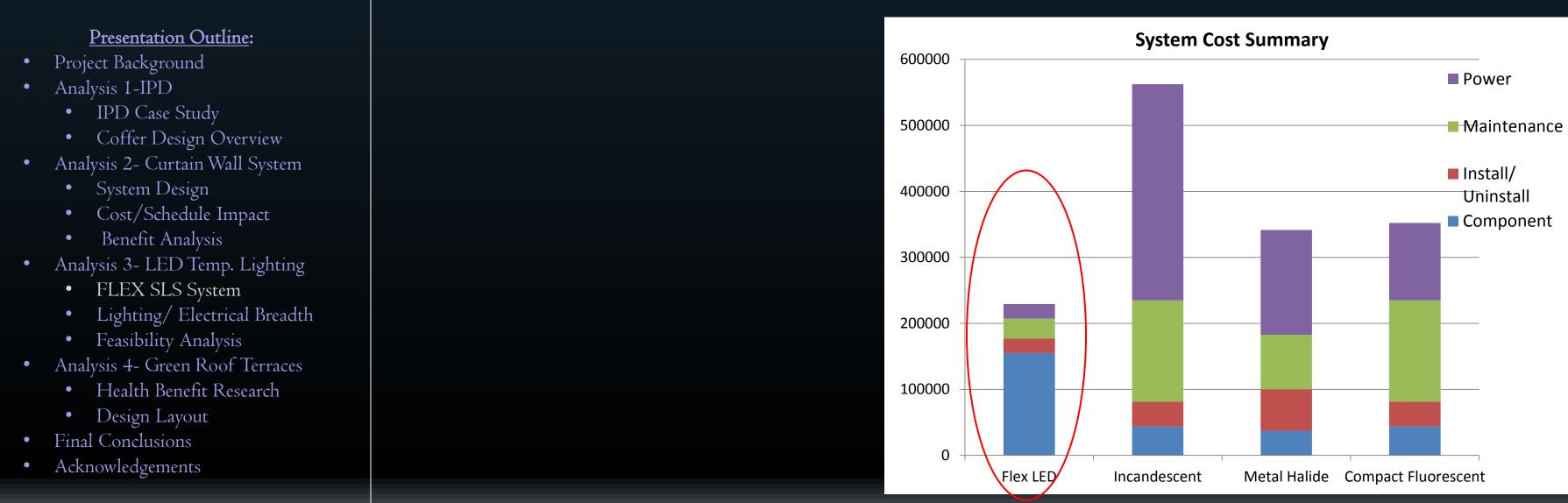


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	Flex LED	Incandescent	Metal Halide	Compact Fl.
Power Consumption	16,764 W	246,580 W	119,340 W	104, 800 W

• Electricity cost of \$.14/kWh • Project Duration=13 months

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LED Temporary Lighting

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COST COMPONENTS CONSIDERED:

Breakdown of Total Cost per system (13 month duration)				
Total Cost	Flex LED	Incandescent	Metal Halide	Compact
Breakdown				Fluorescent
Component	155,034	43,750	37,500	43,750
Install/uninstall	21,829	37,500	62,500	37,500
Maintenance	30,469	153,563	82,875	120,335
Power	21,968	327,600	158,545	126,329
Total	198,832	562,413	341,420	325,314



LED Temporary Lighting

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First vs. Second Total Project Cost First Project Total Cost Second Project Total Cost Flex LED Incandescent Metal Halide Compact Flourescent

• Largest first to second project cost difference

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GOAL:

Lighting/ Electrical Breadth

McLean, VA

Analyze further benefits of LED FLEX SLS System over Fluorescent lighting with a lighting layout and power plan for the Kaiser Tysons Project.



LED Layout



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Fluorescent Layout

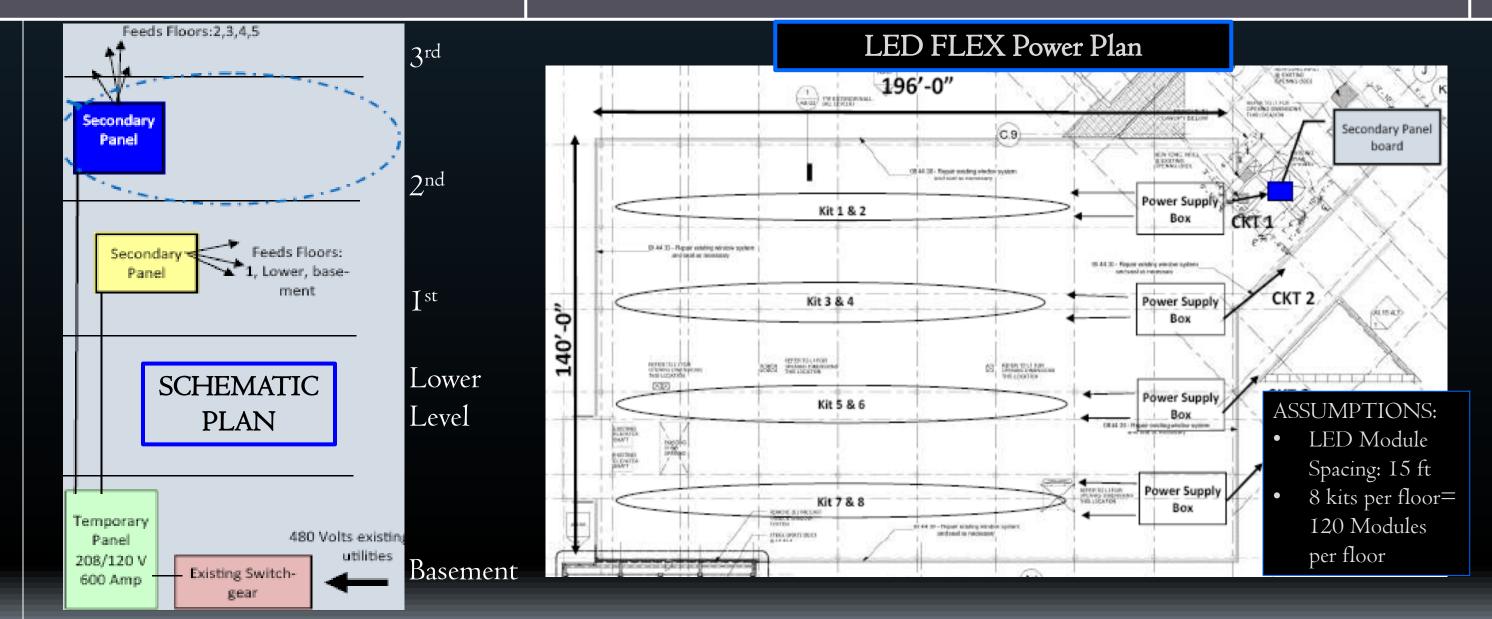
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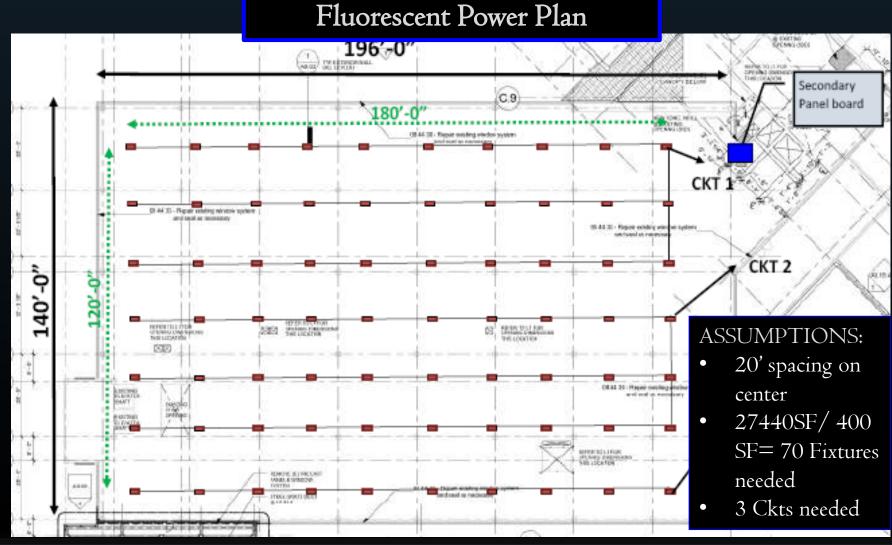


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Lighting/ Electrical Breadth

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Lighting/ Electrical Breadth Results:

LED Temporary Lighting

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Cost savings of \$12,600 From reduction in wiring needed

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- ✓ Cost:

- Reduces layout cost
- ✓ Safety \checkmark Sustainability

LED Temp. Lighting

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CONCLUSIONS

 Reduces labor and maintenance costs • Power savings cost for whomever is paying electric

It is recommended to use the FLEX SLS LED System

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GOAL: Presentation Outline: Project Background Analysis I-IPD • IPD Case Study Coffer Design Overview Analysis 2- Curtain Wall System System Design Cost/Schedule Impact Benefit Analysis • Analysis 3- LED Temp. Lighting • FLEX SLS System Lighting/ Electrical Breadth • Feasibility Analysis • Analysis 4- Green Roof Terraces • Health Benefit Research Design Layout Final Conclusions Acknowledgements

Green Roof Terraces

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EXPECTED BENEFITS:

Utilize the 3 exterior terraces as Green Roof space to add value for the owner and benefit patients.



- promote healing
- design of the building
- Further promote Kaiser Permanente as an innovative healthcare facility

• Provide patient views/access to nature to

• Add value and sustainable features to the

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Presentation Outline:	D 14
 Project Background 	Results of
• Analysis I-IPD	
• IPD Case Study	
Coffer Design Overview	• Quicker p
Analysis 2- Curtain Wall System	• Patients r
 System Design 	
Cost/Schedule Impact	• Less unfa
Benefit Analysis	Reduces t
 Analysis 3- LED Temp. Lighting 	
FLEX SLS System	Reduces s
 Lighting/ Electrical Breadth 	• Increases
 Feasibility Analysis 	
Analysis 4- Green Roof Terraces	• Increases
Health Benefit Research	• Decreases
 Design Layout 	
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Research: Health Benefits

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of Green Roof Health Benefit Research

- patient recovery process needed less medication favorable assessments
- transmission of sound by about 40 decibels stress for patients, staff, and families. s productivity of workforce job satisfaction of workforce
- es employee sick days



St Elizabeth Hospital in Appleton, Wisconsin

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LIVE ROOF SYSTEM: MODULARIZED LITE ROOF

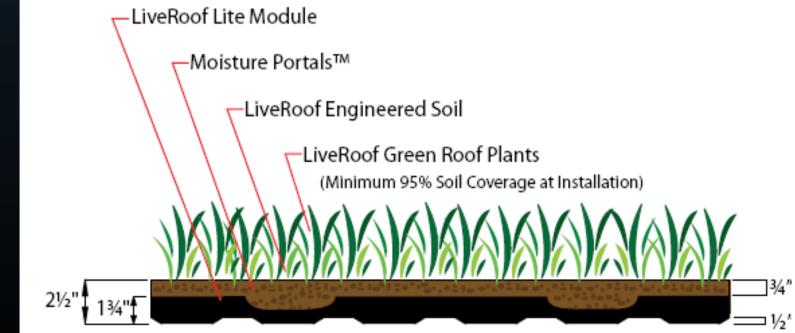


Green Roof Terraces

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Dead Load (Concrete Slab) = I50 psfLive Load for Assembly Areas (Non Reducible) = I00 psf Snow Load = 18 psfTotal Load= 268 psf

Structural Load + LiveRoof Load Percent Change Extensive: 268 psf + 15 psf = 283 psf5%



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Exterior Terrace Level 2= 1, 290 SF

Exterior Terrace Level 1: 3,960 SF

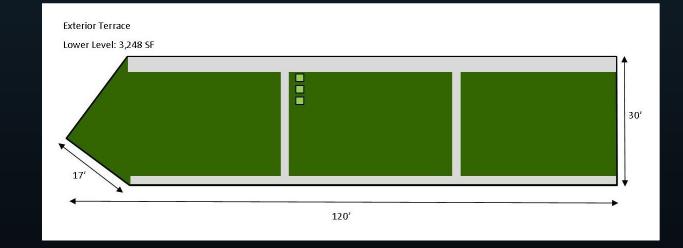
Design Layout

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Lower Level Terrace: 3,248 SF

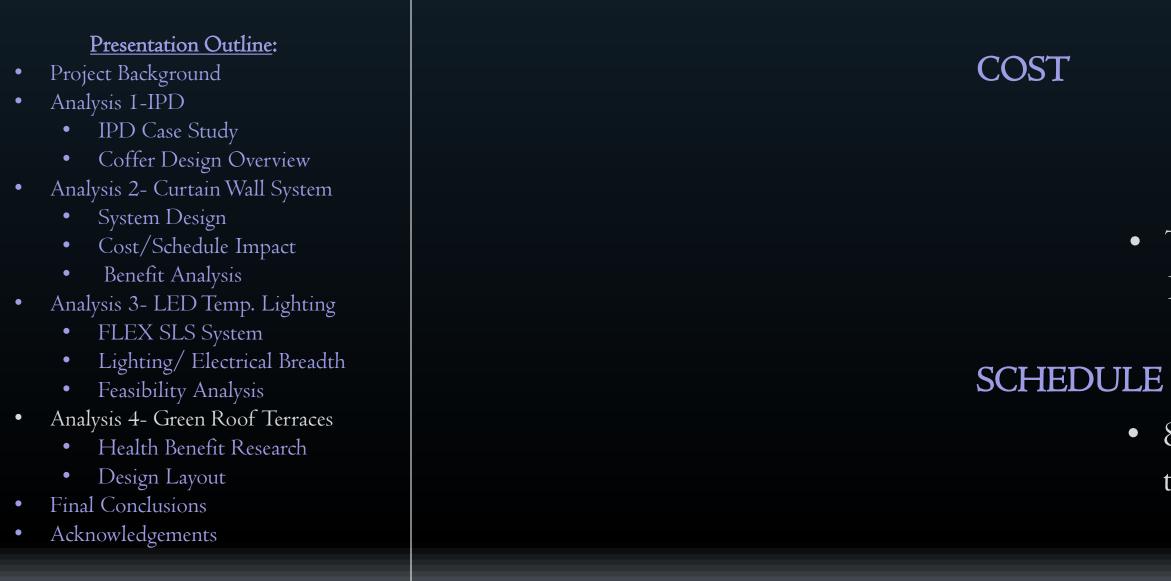
First Level Terrace: 3,960 SF



Total: 8,500 SF

Second Level Terrace: 1,290 SF

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Green Roof Terraces

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8, 500 SF X \$16/SF = \$136,000

• Typical payback period of I4 years from energy savings

• 8 day duration to complete the 3 Green Roof Terraces

CONCLUSION

It is recommended to utilize Green Roof Terraces when comparing cost of \$136,000 to the many benefits such as the healing process, sustainability, and quality offered.

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CONCLUSIONS

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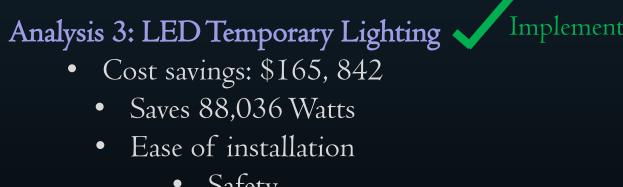
Analysis I: Integrated Project Delivery / Implement • Help cost & time lost from coffer design issue • Early collaboration/more enjoyable/ innovative

Analysis 2: Curtain Wall Façade Re-design Implement \$402, 120 cost increase

- No schedule impact
- Improved aesthetics
- Increase water infiltration protection

• Safety

Analysis 4: Green Roof Terraces 🗸 Implement



• Cost: \$136000 • Health benefits • Sustainable feature



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Dr. Chimay Anumba

AE Faculty

Family & Friends!



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